

2018 Report of Outcomes for Cancer Prevention Programs

Assessment of Community Need:

Based upon the most recent assessment of Westchester Medical Center and Mid-Hudson Regional Hospital’s respective cancer programs, a handful of towns within Dutchess and Westchester counties were identified as minority areas having higher ratios for common cancer types. For Dutchess County, Beacon’s ratios were significantly higher than the county’s values across all 6 cancer types surveyed whereas Poughkeepsie’s ratios were higher in the areas of female breast cancer and male prostate cancer. For Westchester County, there were 4 towns/cities with higher ratios. New Rochelle was the only city with ratios significantly higher than the county’s values (across 4 of the 6 areas surveyed). Mount Kisco, Ossining, Peekskill, White Plains and Yonkers all had ratios higher than the county’s value in 2 to 4 of the cancer type surveyed.

2018 Cancer Prevention and Education Activities

Event Date	Location	Description	Participants	Guideline Reviewed	Outcome
9/17/18	Poughkeepsie Library	Thyroid Health: Cancer and Other Diseases	7	ACS	100% of attendees noted that the information was helpful/relevant to them, and that their individual needs in understanding thyroid cancer prevention was achieved
10/10/18	Grandview Poughkeepsie	Girls Night Out Awareness	200	ACS, CDC	Cancer Center clinical team discussed the cancer center programs and breast cancer awareness with event attendees.
10/11/18	Poughkeepsie Library	Breast Cancer Basics: Breast Cancer Prevention and Detection	5	ACS, CDC, Cancer Control PLANET	3 evaluations completed 2/3 participants were able to describe lifestyle changes and healthy behaviors to reduce the risk of breast cancer, and screening recommendations
10/25/18	MHRH	Breast Cancer Basics: Your Breast Health	19	ACS, CDC, Cancer Control PLANET	9 evaluations completed 8/9 participants were able to describe lifestyle practice that can increase the risk of breast cancer. 9/9 participants were able to describe lifestyle changes to decrease risk, and screening recommendations. 100% of attendees agreed that the

					information presented was helpful/relevant to them.
10/26/18	WMC	Understanding Breast Cancer Prevention and Detection	44	ACS, CDC, Cancer Control PLANET	1/3 of attendees were able to accurately answer the pre-question about recommended screening guidelines. 24 evaluations completed 100% were able to identify lifestyle changes and health behaviors to reduce the risk of breast cancer. 23/24 were able to describe screening recommendations
10/16/18	Regeneron	Understanding Breast Cancer Prevention and Detection: A Clinician and Patient's Perspective	120 in-person (45 via live stream)	ACS, CDC, Cancer Control PLANET	The attendees' feedback was positive as the audience found the information relayed by Dr. Christine Pellegrino to be extremely helpful in addition to the Regeneron employee-survivor who shared her own story.
10/3, 10/10, 10/17, 10/24, 10/31	MHRH	Educational table	Various	ACS	Nurse navigator provided education staff and visitors about breast cancer screening and prevention.

The aforementioned demonstrates what the Cancer Program at Westchester Medical Center and Mid-Hudson Regional Hospital, has done to engage the community over the documented years. The Program's plan going forward is to increase community awareness through preventive education. The Cancer Program will intentionally focus on those areas flagged as having higher ratios of common cancer types, emphasizing those recommended areas enumerated in the assessment.

Consistent with the recommendations in the Community Needs Assessment, the Cancer Program will also seek to develop initiatives designed to minimize barriers related to proper cancer treatment as well as develop more education, screening and prevention programs geared toward early detection. Lastly, through its community outreach efforts, the Cancer Program will continue to assess the documented minority areas in order to better understand the needs of their residents.