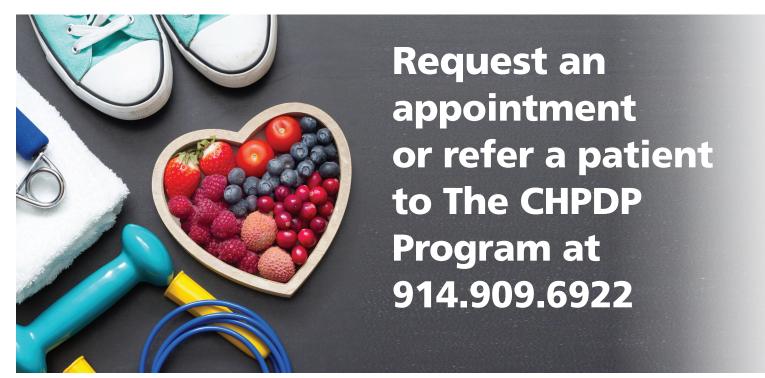


Cardiovascular Health Promotion and Disease Prevention Program

Lower your risk
of heart problems,
especially if you
have a family history
of heart disease.

You trust us with your Heart Health.

Now, you can help your family member take the road to a healthy heart by staying one step ahead of Heart Disease



Our Cardiovascular Health Promotion and Disease Prevention Program (CHPDP) is designed to promote cardiovascular health through diet, lifestyle changes, medical management, and other interventions.



Visit WMCHealthaps.com/heart to learn more



Cardiovascular Health Promotion and Disease Prevention Program

Heart & Vascular Institute

Westchester Medical Center Health Network